Nevada WIC Program & Inter-Tribal Council of Nevada (ITCN) WIC Program

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EFFECTIVE: October 1, 2009 NSPO Rev. 10/09

MILK

LEAST EXPENSIVE BRAND; PASTEURIZED

- Fluid Low fat, Reduced Fat, Fat Free Skim - Vitamins A & D Fortiýed
- Fluid Whole - Vitamin D Fortiýed

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- Fluid Lactose Free or Acidophilus
- Fluid Shelf Stable (UHT)
- Dry - Vitamins A & D Fortiýed
- Evaporated - Vitamin D Fortiýed
- Fresh or Evaporated Goat's Milk

NO: Flavored Milk, Buttermilk, Organic Milk

SOY BEVERAGE

- Paciýc Ultra Soy, Plain, shelf stable, 32 oz
- Paciýc Ultra Soy, vanilla shelf stable, 32 oz
- 8th Continent soy milk, Original, 64 oz

CHEESE

PACKAGE SIZE OF 16 OZ ONLY

- Block, Sliced or Mixed: Regular, Low Fat, Reduced Fat or Fat Free
- ***NO Shredded***

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- Cheddar
- Colby
- Longhorn Style
- Jack
- Mozzarella (Reg or String)
- Processed American

NO: Import, Deli Cut-to-Order, Individually Wrapped Slices, Shredded or Organic
NO: Cheese Food, Product, Spread or Flavored Cheese

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AZUMAYA OR HOUSE PREMIUM BRANDS ONLY

- Plain, calcium-set
- Firm or Medium
- Refrigerated, water-packed ONLY

NO: Organic

EGGS

LEAST EXPENSIVE BRAND AVAILABLE

- Large (Substitution of Medium allowed if Large are unavailable)
- Dozens Only, Grade AA
- Hardboiled Eggs (homeless package only)

CANNED FISH

ANY BRAND

TUNA:

- 5 oz cans or larger
- Chunk Light ONLY
- Packed in Water

NO: Albacore, Solid, Low Sodium, "Diet", Pouches or Organic

SARDINES:

- 3.75 oz cans or larger
- Packed in Water, Oil, Mustard or Ketchup

NO: Added Seasonings, "Diet", Pouches or Organic

CEREALS

/ĈûÕ BOX SIZE OF 12 OZ TO 36 OZ

- General Mills Cheerios: Regular or Multi-Grain
- General Mills Chex: Multi Bran, Wheat, Corn, Rice
- General Mills Kix: Regular or Honey
- Kellogg's Corn Flakes
- Kellogg's Frosted Mini-Wheats: Regular, Bite Size
- Post Banana Nut Crunch
- Post Grape Nuts: Regular Only
- Post Honey Bunches of Oats: Honey Roasted, Almond
- Quaker Oats Life: Regular Flavor
- Cinnamon Quaker Oatmeal Squares

I Ĉģ BOX SIZE OF 11.8 OZ TO 36 OZ

- Nabisco Cream of Wheat: Any cooking time EXCEPT Instant
- Nabisco Cream of Wheat: Whole Grain
- Quaker Oats Oatmeal: Instant-Mix 'n' Eat, Regular Flavor Only

JUICES

UNSWEETENED, 100% JUICE ONLY

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- Seneca Apple: Red Label Only
- Tree Top Apple: Green Label Only
- Welch's 100% Grape Juice: White or Purple
- V-8: Regular or Light and Tangy

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- Orange
- Pineapple

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- Seneca Apple: Red Label Only
- Tree Top Apple: Green Label Only
- Welch's 100% Grape Juice: White or Purple
- Welch's White Grape Cranberry or Raspberry
- Welch's White Grape Peach or Pear: Yellow Lid Only
- Welch's 100% Juice Pourable Concentrate: Any Variety

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- Orange
- Pineapple

NO: Beverage, Drink, Cocktail, Punch, Nectar or Ade

WHOLE GRAINS

WHOLE GRAIN BREAD:

- Oroweat, Sara Lee, Springýeld Golden Pride & Roman Meal Sungrain Brands ONLY
- Loaf of Bread
- 16 to 32 oz packages
- Whole grain must be the ýrst ingredient listed on packaging

NO: Organic, Light Bread, Buns or Rolls

BROWN RICE:

- 14, 16, 24, and 32 oz bags or boxes allowed
- Instant, Quick or Regular cook time
- Short or Long Grain

NO: Organic, Bulk, Ready to Serve, Boil in Bag

TORTILLAS:

- Whole Wheat and Corn ONLY
- Up to 32 oz packages
- Tia Rosa Corn Tortillas
- Tia Rosa Whole Wheat Tortillas
- Mission Corn Tortillas
- Mission Multi Grain Wraps
- Mission Multi Grain Flour Soft Taco Tortillas

NO: Organic

PEANUT BUTTER

16-18 OZ SIZE

- Creamy, Chunky or Extra Crunchy
- Salted or Unsalted

NO: Tubes, Added Jelly, Jam or Honey
NO: Reduced Fat, Peanut "Spread", Organic

DRY BEANS, PEAS OR LENTILS

16 OZ BAG ONLY

- Any Brand

NO: Bulk, Import, Seasoned Mixes, Soup Mixes, Organic

INFANT CEREAL

GERBER ONLY
8 OZ BOX ONLY

- Dry: Barley, Rice, Oatmeal, Whole Grain or Mixed

NO: Fruit Added, DHA or Single Serving Size

INFANT FORMULA

EXACT ITEM ISSUED ON EBT CARD

- Iron Fortiýed (Unless Speciýed)

BABY FOOD

ANY BRAND

FRUITS AND VEGETABLES:

- Step 2 ONLY
- 3.5 to 4 oz containers
- Single fruits or combinations of fruits
- Single Vegetables or combinations of vegetables

NO: Organic, Dinners or Desserts

MEATS:

- Step 1 OR Step 2
- Added broth or gravy allowed
- Beef
- Chicken
- Ham
- Lamb
- Turkey
- Veal

NO: Organic

FRESH FRUITS & VEGETABLES

- Any variety of fresh whole or cut fruit and/or vegetables (except white potatoes)
- Orange yams and sweet potatoes are allowed
- Organic is allowed

NO: Canned, Frozen or Dried
NO: White Potatoes, Breaded Vegetables, Fruits and Vegetables from the Salad Bar, Fruit Baskets, Party Vegetable Trays, Ornamental or Decorative Fruits or Vegetables (such as chili peppers on a string, garlic on a string, gourds or painted pumpkins)

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1. Ring up WIC foods separately from other foods.
2. DO NOT ask the participant for their PIN. Allow the participant to input their own PIN number.
3. Do Not disallow a food item based on the Balance Inquiry. Try to scan the food item, if it scans, the participant is allowed to get it.
4. Allow Least Expensive Brand AVAILABLE when Least Expensive Brand is speciýed.
5. Accept coupons if presented.
6. DO NOT charge Sales Tax.
7. DO NOT give Refunds, or Rain Checks.
8. Always give the cardholder a receipt which reþects the ***correct quantities*** of WIC items purchased.
9. Never ask the participant to pay the difference between the requested price and the max price paid by the WIC program (this is not the same as pay the difference for the Cash Value Beneýt).

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- Participants are allowed to Pay the Difference if they exceed their Cash Value Beneýt (CVB) amount.
- The amount that exceeds their beneýt will print out on the EBT receipt as PAYMENT DUE.
- This payment can be made via cash, ATM card, credit card or Food Stamps.
- Participants are NOT REQUIRED to Pay the Difference, and it is their choice to return a portion of their fruit & vegetable purchase rather than make any payment.
- A conýrmation receipt will print before the transaction is sent showing the PAYMENT DUE. At this point the participant can decide to make the payment or return a portion of their fruit & vegetable purchase. Use the LIST function to remove the fruits and/or vegetables from the purchase.

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- Only use Manual Authorizations for formula - 1 to 2 cans only.
- Be sure to ýll out the Manual Authorization form and call to receive an Authorization # before allowing the participant to leave with the formula.
- All Ofþine Manual Authorizations must be "cleared" through the POS terminal within 5 days.