

Expedited Partner Therapy: CHLAMYDIA

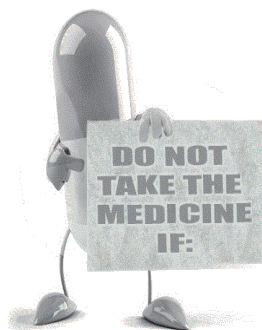
Why do I need this medicine?

Chlamydia is a sexually transmitted disease (STD) that you can get from having sex (oral, vaginal or anal) with a person who already has it. Many people with chlamydia do not know they have it because they feel okay and do not have any symptoms. You have been exposed to chlamydia.

- Chlamydia is easily treated with the medicine azithromycin, also known as Zithromax®.
- Your partner may have given you pills or a prescription for azithromycin. This medicine was given to your partner by his/her health care provider for your treatment. If your partner gave you a prescription, take it to a pharmacy to have it filled. The cost is usually \$10 or less.

Is the medicine safe?

The medicine is very safe. However, you should talk to your doctor or go to your local health department clinic if you have any of the following problems listed below **BEFORE TAKING THE MEDICINE:**



- You have lower belly pain, pain with sex, vomiting or fever (females only).
- You have pain or swelling in the testicles (balls) or fever.
- You have ever had a reaction, rash, breathing problems, or allergic symptoms after taking azithromycin or other antibiotics. **Please check with your doctor before taking these pills if you are allergic to any antibiotic.**
- You have a serious long-term illness, such as kidney, heart or liver disease.
- You are currently taking other prescription drugs, including medicine for diabetes. It is okay to take this azithromycin with non-prescription pain or cold medicines, vitamins and/or birth control pills.

How do I take the Medicine?

- You have been given 1 gram (500 mg tablets x 2, or 250 mg tablets x 4) of azithromycin. Take ALL of the pills with water by mouth at one time.
- You can take these pills with or without food. DO NOT take antacids (such as Tums, Rolaids, or Maalox) for one (1) hour before or two (2) hours after taking the azithromycin pills.
- Do not share or give the azithromycin to anyone else. You need to take ALL pills to treat the infection completely.
- Do not have sex for the next 7 days because it takes 7 days for the medicine to cure chlamydia. If you have unprotected sex during the 7 days after taking the medicine, you can pass the infection to your sex partners.
- We recommend getting tested in 3 months to make sure you have not been re-infected.

What are the side effects?

- This medicine may cause an upset stomach, diarrhea, nausea, or vomiting. This should not last long. If these symptoms persist or IF you develop a rash or fever, contact your health care provider.
- Serious allergic reactions can include difficulty breathing, tightness in the chest, closing of the throat; swelling of lips or tongue or hives (intensely itchy bumps or welts on the skin). If you experience any of these signs or symptoms, call 911.

**For additional information or to schedule an appointment,
please contact your local health department:**

Southern Nevada Health District, (702) 759-0708, <http://www.southernnevadahealthdistrict.org/std-clinic>
Carson City Health and Human Services, (775) 887-2195, <http://gethealthycarsoncity.org>
Washoe County Health Department, (775) 328-2470, <http://www.co.washoe.nv.us/health>